Thursday Aug 28, 2014 7:45 pm

Tonight is my first night without Mike since my hospitalization. He is in the mountains at a work retreat. I'm so glad he felt comfortable leaving me. I'm sure this break will do him good and I really hope he has a fun time. There is a guy he works with, David Steffen, who he gets along with well. I hope he can become better friends with him. I want to know that Mike has some friends that he can count on to be there when times start getting hard. Certainly Jeffrey is very supportive and Joe Vertress has been a great friend, but Joe lives in Albuquerque. David lives here in Denver. Anyway, I'm happy that he went but boy do I miss him! I'm so use to him being here every evening so it was lonely without him.. He is back tomorrow and I can't wait!

This is going to be a fun, busy weekend. Janet & Joe will be here tomorrow afternoon and Johns & Kristin arrive Sat morning. I hope I'm feeling strong for our planned bike ride up Lookout on Sat, with the vertrees and for a run with the kids on Sun.

Today I made more plans with friends to get together. Sept is starting to get booked up with fun. That makes me happy.