



Monday Aug 11th. 10:00 am

I sure feel good. I ran 5 miles today and continue to do a good warm up and cool down/stretching to avoid injury. The run felt really good and I'm so excited to have a goal to look forward to. Besides Luke & Kristen, Alison & Jeffrey said they would run it with me as well. How great it will be to have all my kids out there supporting me in this goal. I love our children so much!

Wed. I'll find out about the MRI, but right now firmly believe that there can't be another tumor growing. I feel way too good to have glio back. I am on pins & needles wondering what it is going to show. But even if the results are not what I'm hoping, as long as I feel this good I'm just going to keep up with my training plan.

Mike and I had another really nice weekend filled with walks, gardening and spending time with Jeffrey and then some friends. I so enjoy every minute I'm with Mike. We've always had a great relationship, but I feel closer to him now and more in love with him every day. I am not ready to leave him, so I guess I'll have to beat at glo, or at a minimum postpone his return. I'm really happy. I hope I can say the same after my doctor's appt on wed.

