

Day 12  
continued

Eternity is not something that begins after you are dead. It is going on all the time. We are in it now.

—CHARLOTTE PERKINS GILMAN (1860-1935)  
American writer

my peripheral fields and depth perception so I can feel more comfortable with the girls, I want to be able to play with them, not just sit and feel like an old Grandma. I think the day will come when I'll be able to ride bikes with Anstey and play hide & seek with Ellie. I love them both so very much, I will be strong so I can be an active part of their lives.

Yesterday I had the chance to listen to the pre-op relaxation tape Janet gave me. I really like it and plan to go through the exercises each day until surgery. Just one more tool in my toolbox to keep me strong and positive through surgery.

The one emotion I'm not feeling is fear. It's good because fear can be so paralyzing. I actually feel determined and believe that all will be ok. <sup>Although</sup> I have felt sad <sup>occasionally</sup> since the diagnosis, particularly at first. ~~But really~~ I'm not sad right now. There is no time to be sad, I have too much work to do to overcome this so sadness has no place right now.

"But it's always interesting you don't see what a long way round."

I'm a little frustrated more difficult to find there are a lot of me crazy. But I this will have to do they will just have reason for some of

well, it's what the trainer. I need

2:15 pm

Lukas drove me to this morning and then my personal items. I met I'll need to meet with me retirement. He wasn't as was ready to have that office made this all feel go on

the ~~cancel~~ But I suppress my options and stop retirement. Just in

I saw Alyson and Ra people. It was too draining