

Whether women are better than men I cannot say—but I can say they are certainly no worse.

—GOLDA MEIR (1898–1978)
Israeli stateswoman

2/15/14 Saturday

Day 9

without going into too much detail here - these are my wishes;

If complications arise during surgery that leave me in a vegetative state, I do not want to be kept alive by artificial means. (no long term intubation) I also plan to sign a DNR (do not resuscitate) form when the appropriate time comes.

If I unfortunately die during surgery I do not want a funeral or any religious service. I don't believe in God and do not find comfort in this approach to end of life. Here is what I want.

- Donate my body to research (Science Care is the organization we used to donate Jack and they worked well with Mike so this company would be fine.
- I want to be cremated.
- I would like my ashes scattered at the top of Lookout Mountain during warmer biking season. But I only want Mike and the kids there for the scattering.

- If there is a gathering I want it to be a remembrance and a celebration of life. Please no references to God or the afterlife. Just try to keep it a positive event. I expect laughter and stories that celebrate the time I had on this earth.

Don't get me wrong - I have no intention of dying during surgery and plan to be here many more months. I just needed to get this

off my chest in the off chance that things don't go according to plans. Ok enough about dying for a while.