

The human Body is wondrously design'd,  
But not as Habitation for  
the human Mind!

—SAMANTHA FRANKLIN (1852-1879)  
American pioneer

My surgery is scheduled for 7:30 on the 25th so  
we will need to get there at 5:30. I'm glad it is an  
early morning case.

I was pretty exhausted after today's visits (didn't  
know why exactly) but by 6 pm I was in bed. I  
haven't slept for days and this was again going to  
prove to be a restless night.

I thought a lot about making sure the  
kids and my brothers understand my wishes. Mike  
is very clear about what I want but I don't  
want him to be in a position where others  
disagree and things become difficult.

I want to sit down with Lukas, Jeff  
and Alison this week and make sure  
they are OK with my desires. I  
also will talk with my brothers about this  
when they are here next weekend. Mike and  
I are meeting with an attorney on Wed so  
we can make sure my wishes are legally  
documented.

Whether women are better than  
they are certainly no worse.

7/15/19 Saturday

without going into too much  
wishes;

If complications arise during  
a vegetative state, I do not  
by artificial means. (no long  
plan to sign a DNR (do not  
appropriate time comes

If I unfortunately die  
want a funeral or any  
believe in God and do not fear  
end of life. Here is what

- Donate my body to research  
we used to donate Jack and  
so this capacity would be for
- I want to be cremated
- I would like my ashes scattered  
during warmer biking season  
and the kids there

- If there is a good  
remembrance and  
no references to God  
keep it a positive event  
stories that celebrate

Don't get me wrong  
dying during surgery  
more months. I

off my chest  
don't go a